

Step into Spring!

All 12-Step Programs Welcome

South Bay CoDA presents

the Regional Spring Mini-Conference
of Northern California Co-Dependents Anonymous



Date: Saturday, April 24th, 2010
Time: 9 am to 5 pm (Registration 8:30 am)
Place: Kaiser Medical Office Bldg (Homestead Campus)
710 Lawrence Expressway (Conference Center 196)
Santa Clara, CA 95051

Suggested Donation: \$15.00 at the door.

Workshops by CoDA Members, including:

Compassionate Communication
Saying "Yes" Is Not Always Co-Dependent
Brand New Tools for Sponsors and Sponsees
Working the Steps in Our Daily Life
Equal Partners in Trust
Seat of the Soul (Step 11)
Which Steps Really Help Relieve Anxiety?



Free Parking

CoDA Literature
Available At Cost

Join the Quarterly NorCal CoDA
Regional Business Meeting
OR
Attend a CoDA Meeting

Healthy Snacks Provided

**Bring A Lunch or Enjoy
Nearby Restaurants**

A Day of Inspirational Speakers and Workshops

~The only requirement for membership in CoDA is a desire for healthy and loving relationships~

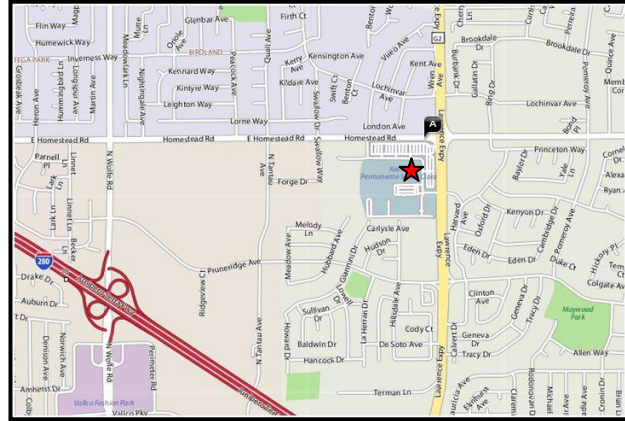
Volunteers Welcomed!

Contact Barbara D. at southbaycoda@yahoo.com for details.

Opportunity for Service: Copy this flyer (front and back) and pass out at your local 12-Step meeting.

Getting to the Spring Mini-Conference

**Kaiser Medical Office Bldg
(Homestead Campus)
Conference Center 196
710 Lawrence Expressway,
Santa Clara, CA 95051**



280 Southbound: Take the Lawrence Expressway exit going north. At the signal light, turn left onto Homestead Road, going west.

680/280 Northbound: At the 680/280 junction stay on 280 going north. Take the Lawrence Expressway exit, going north. At the signal light, turn left onto Homestead Road, going west.

101 Southbound: Take the Lawrence Expressway exit. Make a right onto Lawrence Expressway, going south. Make a right turn at the signal light onto Homestead Road, going west.

101 Northbound: At the 101/280 junction, take the 280 North exit. Take the Lawrence Expressway exit, going north. At the signal light, turn left onto Homestead Road, going west.

880 Southbound: At the 880/280 junction, take the 280 North exit. Take the Lawrence Expressway exit, going north. At the signal light, turn left onto Homestead Road, going west.

17 Northbound: At the 17/280 junction, take the 280 North exit. Take the Lawrence Expressway exit, going north. At the signal light, turn left onto Homestead Road, going west.

Entering the Kaiser Campus from Homestead:

- Proceed approx one block west on Homestead Road
- Turn left (south) at signal light into the Hospital Entrance.
- Follow the signs to Lot B; it will be on the left.
- Park in Member Parking Lot B.
- Enter through the West Lobby of the Conference Center.

